

SOUTHERN HEADACHE SOCIETY

6th ANNUAL SCIENTIFIC MEETING
SEPTEMBER 24-25, 2016

Updated contact info

Name _____

Credentials _____

Social Security # **XXX-XX-** _____ (last 4 digits required)

Occupation _____

E-mail Address _____

Home Address _____

City _____ State _____ Zip _____

Home County _____

Home # _____ Work # _____

Employer _____

Department _____

Employer's Address _____

City _____ State _____ Zip _____

Work County _____

Program announcements will be sent to your email unless you opt out from receiving emails from MAHEC. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

EARLY REGISTRATION DEADLINE: AUGUST 23, 2016

PRECONFERENCE SEPTEMBER 23, 2016

- \$99 per person for MD/DO
 \$79 per person for PhD, RNP/PA and other health professionals

MAIN CONFERENCE SEPTEMBER 24-25, 2016

For Southern Headache Society Paid Members:

- \$229 per person for MD/DO
 \$129 per person for PhD, RNP/PA and other health professionals

For Non-members:

- \$329 per person for MD/DO
 \$229 per person for PhD, RNP/PA and other health professionals

Please select a track:

- GENERAL NEUROLOGY PROCEDURE TRACK
 HEADACHE SPECIALIST TRACK
 BEHAVIORAL MEDICINE TRACK

To join Southern Headache Society, go to SouthernHeadache.org

- Check is enclosed Credit card info provided
 Visa Mastercard Discover Card American Express

Account # _____

Exp ____ / ____ Code on back of card _____

Name on Card _____

Signature _____

Send completed registration form to:
MAHEC Registration, 121 Hendersonville Rd., Asheville, NC 28803
Fax to 828-257-4768

#17ME003/48831

REGISTRATION FEES received August 24 - September 22, 2016

Main Conference fees are increased \$50 over Early Registration fees.
Register by August 23rd to get the best rate!

PRECONFERENCE SEPTEMBER 23, 2016

- \$99 per person for MD/DO
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MAIN CONFERENCE SEPTEMBER 24-25, 2016

For Southern Headache Society Paid Members:

- \$279 per person for MD/DO
\$179 per person for PhD, RNP/PA and other health professionals

For Non-members:

- \$379 per person for MD/DO
\$279 per person for PhD, RNP/PA and other health professionals

Registration fee includes administrative costs, educational materials and breakfast (Saturday and Sunday).

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

CONFERENCE VENUE AND LODGING

Renaissance Hotel
31 Woodfin Street, Asheville, NC 28801
(828) 252-8211
<http://www.renaissanceasheville.com/>

The conference will be held at the Renaissance Hotel Asheville, one of the premier Asheville hotels nestled in the beautiful Great Smoky Mountains. We are proud to offer deluxe accommodations, featuring complimentary wireless Internet, dog-friendly rooms, a sparkling indoor pool, and much more!

The hotel is conveniently located in the heart of Downtown Asheville, close to many local attractions and exciting Asheville events. Discover the local flavor of Asheville, a unique town offering everything from local breweries to world class museums to adventurous outdoor activities.

A room block with a special rate has not been negotiated for this conference.
Group Room Rate:
9-23 and 9-24, 2016: Deluxe Room, Single: \$204.00 per night.

Reserve your room by contacting Marriott reservations at 800-468-3571. Please note: Reservations must be made by Friday, August 26, 2016 to ensure a room and receive the special rate.

PLANNING COMMITTEE


Elaine Alexander, MSN, RNC-OB | Nurse CE Planner, MAHEC, Asheville, NC
Daniel Frayne, MD | CME Medical Director, MAHEC, Asheville NC
Melody Hays, MA | CE Planner, MAHEC, Asheville, NC
Morris Maizels, MD

Have a question?

Program Director:
Elaine Alexander, MSN, RNC-OB
elaine.alexander@mahec.net

Registration Information: 828-257-4475
Fax Registration: 828-257-4768
Online Registration: www.mahec.net
Email: registration@mahec.net

Mail: MAHEC Registration
121 Hendersonville Rd., Asheville, NC 28803

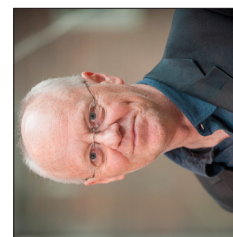
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121 Hendersonville Rd.
Asheville, NC 28803
www.mahec.net

SOUTHERN HEADACHE SOCIETY
6th ANNUAL SCIENTIFIC MEETING



KEYNOTE SPEAKER
Peter Goadsby, MD, PhD
Professor of Neurology
King's College London
Director, NIHR-Wellcome Trust
Clinical Research Facility,
King's College Hospital, London, UK
Professor of Neurology,
University of California, San Francisco

TWO-DAY CONFERENCE
Saturday and Sunday, Sept. 24 - 25, 2016
Renaissance Asheville Hotel | Asheville NC

Registration now open!

www.mahec.net

SOUTHERN HEADACHE SOCIETY

6th ANNUAL SCIENTIFIC MEETING

Saturday and Sunday
September 24 - 25, 2016

Renaissance Hotel Asheville | Asheville NC



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Peter Goadsby, MD, PhD

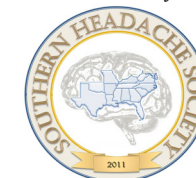
Professor of Neurology
King's College London
Director, NIHR-Wellcome Trust
Clinical Research Facility,
King's College Hospital, London, UK
Professor of Neurology,
University of California, San Francisco

3 tracks to customize your conference:

General Neurology: Procedures and Tools
Headache Specialist
Behavioral Medicine



Jointly provided by



CONFERENCE AT- A-GLANCE

PRECONFERENCE	Friday, September 23, 2016
Time: Registration: Program:	12:30 PM - 1:00 PM 1:00 PM - 4:15 PM
MAIN CONFERENCE - DAY 1	Saturday, September 24, 2016
Time: Registration Begin: Program:	7:00 AM - 8:00 AM 8:00 AM - 4:30 PM
MAIN CONFERENCE - DAY 2	Sunday, September 25, 2016
Time: Registration Begin: Program:	7:00 AM - 8:00 AM 8:00 AM - 12:45 PM

PRECONFERENCE FEES -- SEPTEMBER 23, 2016

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GET THE BEST RATE!
Main Conference Early Registration ends August 23, 2016.
After August 23rd, Registration fees increase by \$50.

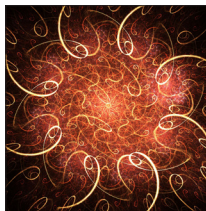
To join Southern Headache Society, go to SouthernHeadache.org

Basic science research furthers understanding, while clinical research potentially offers clinicians new tools or approaches for the treatment of headache patients. Drawing from both scientific and clinical research, The Southern Headache Society 6th Annual Scientific Meeting will focus on recent advances in the field of Headache Medicine, as well as areas of interest including a review of foundations for advanced treatment of headache patients.

The curriculum is intended for participants with advanced knowledge of Headache Medicine, as well as, those with more fundamental knowledge. The focus of the meeting is on clinical topics such as migraine therapies and neurologic aspects of headache, supplemented by basic science lectures of interest to the clinician arranged in three educational tracks—General Neurology Procedure Track, Headache Specialist Track, and Behavioral Medicine Track.

AUDIENCE

Physicians (MD, DO), PhDs, RNPs, PAs and Psychologists

PRECONFERENCE	Friday, September 23rd
How Enlightenment Changes Your Brain	
Join the Southern Headache Society in a fascinating and scientific look at how enlightenment experiences change the brain. Dr. Andrew Newberg takes a non-religious and non-spiritual approach to the concept of enlightenment, by discussing his findings of online surveys and MRI brain scans of people who have reported enlightenment experiences.	
Objective: Describe key aspects of enlightenment experiences and how it impacts treatment outcomes	
12:30PM-1:00PM	Registration and Speaker Introduction
1:00PM-1:45PM	Neuroscience: What Does Enlightenment (the real resting state of the brain) Look Like?
1:45PM-2:30PM	Specific Practices Which Enhance the Neuroplasticity Related to Enlightenment
2:30PM-2:45PM	Break
2:45PM-3:30PM	What Do Practices that can Lead to Enlightenment Offer the Medical Practitioner?
3:30PM-4:15PM	Exercises and Discussion Related to Enlightenment to Gain Greater Emotional Control of Your Mind

MAIN CONFERENCE DAY 1 Saturday, September 24th

7:00AM-8:00AM	Breakfast and Registration
8:00AM-8:10AM	Introduction
8:10AM-8:50AM	KEYNOTE: Understanding Migraine and Developing New Treatments: Bench to Bedside Peter Goadsby, MD, PhD
8:50AM-9:30AM	Refractory Chronic Migraine and NDPH – Advanced Treatments Larry Robbins, MD
9:30AM-10:00AM	Migraine Mimics Randolph Evans, MD
10:00AM-10:15AM	Panel Discussion/Q&A Panel: Drs. Goadsby, Robbins and Evans
10:15AM-10:30AM	Break
10:30AM-11:00AM	MINI-SYMPOSIUM: BASIC SCIENCE/TBI Traumatic Brain Injury: A Physiatry Perspective David Popoli, MD
11:00AM-11:30AM	Basic Science: Fat Chance: Obesity and the Role of Obesity-Related Proteins and Lipids in Migraine Lee Peterlin, DO
11:30AM-12:00PM	Cases in Neuro-Ophthalmology Deborah Friedman, MD
12:00PM-12:25PM	Panel Discussion/Q&A Panel: Drs. Goadsby, Robbins, Evans, Popoli, Peterlin and Friedman
12:25PM- 1:25PM	Lunch
1:25PM-2:20PM	A. GENERAL NEUROLOGY PROCEDURE TRACK Procedures Workshop Bert Vargas, MD
	B. HEADACHE SPECIALIST TRACK – SESSION 1 Advanced Clinical Pearls and Lessons from the Listserv Larry Robbins, MD
	C. BEHAVIORAL MEDICINE TRACK Case-Based Behavioral Medicine Donald Penzien, PhD
2:20PM-2:40PM	Break
2:40PM-3:35PM	D. GENERAL NEUROLOGY PROCEDURE TRACK Neuro-Ophthalmology Skills Deborah Friedman, MD
	E. HEADACHE SPECIALIST TRACK – SESSION 2 Advanced Clinical Pearls and Lessons from the Listserv Elizabeth Leroux, MD, FRCPC
	F. BEHAVIORAL MEDICINE TRACK Bringing Mindfulness into the Office Rebecca Erwin Wells, MD, MPH
3:35PM-4:30PM	G. GENERAL NEUROLOGY PROCEDURE TRACK Temporomandibular Joint Evaluation Pei Feng Lim, DDS
	H. HEADACHE SPECIALIST TRACK – SESSION 3 Advanced Clinical Pearls and Lessons from the Listserv Bert Vargas, MD
	I. BEHAVIORAL MEDICINE TRACK Strategies to Promote Mind-Body Wellness Cynthia Stonnington, MD
4:30PM-5:30PM	SHS Business Meeting

This activity has been supported through independent educational grants from Anavir, Lilly and Teva Pharmaceuticals.

MAIN CONFERENCE DAY 2 SUNDAY, SEPTEMBER 25th

7:00AM-8:00AM	Breakfast and Registration
8:00AM-8:10AM	Welcome back
8:10AM-8:45AM	KEYNOTE: Advances in Interventional Therapies Peter Goadsby, MD, PhD
8:45AM-9:20AM	Diagnostic Testing for Headache: New Guidelines Randolph Evans, MD
9:20AM-10:10AM	Recognizing and Managing Complex Psychiatric Co-morbidity Larry Robbins, MD
10:10AM-10:30AM	Break
10:30AM-11:10AM	Best Headache Research 2015-2016 Elizabeth Leroux, MD, FRCPC
11:10AM-11:40AM	Resilience in the Treatment of Chronic Daily Headache Cynthia Stonnington, MD
11:40AM-12:10PM	Publication Bias in Headache Medicine Melissa Rayhill, MD
12:10PM-12:30PM	Panel Discussion/Q&A Drs. Goadsby, Robbins, Evans, Leroux, Rayhill and Maizels
12:30PM-12:45PM	Wrap-up and Evaluation

CONFERENCE OBJECTIVES

At the conclusion of this program, providers/clinicians will be able to:

- Select innovative therapies, medications, and procedures for the treatment of headache, migraine and TBI patients
- Perform specific interventional techniques with headache patients in their office setting
- Incorporate 2015's learned, evidence-based headache literature into their daily practice
- Utilize appropriate behavioral interventions when interacting with patient's experiencing headaches, migraines or TBI

KEYNOTE SPEAKER: Peter Goadsby, MD, PhD



Peter Goadsby obtained his basic medical degree and training at the University of New South Wales, Australia. His neurology training was done under the supervision of Professor James W. Lance in Sydney. After post-doctoral work in New York with Don Reis at Cornell, with Jacques Seylaz at Universite VII, Paris, and post-graduate neurology training at Queen Square in London with the Professors C. David Marsden, Andrew Lees, Anita Harding and W. Ian McDonald, he returned to the University of New South Wales, and the Prince of Wales Hospital, Sydney as a consultant

neurologist and was promoted to Associate Professor of Neurology.

He was appointed a Wellcome Senior Research Fellow at the Institute of Neurology, University College London in 1995. He was Professor of Clinical Neurology and Honorary Consultant Neurologist at the National Hospital for Neurology and Neurosurgery, Queen Square, London. He is now Professor of Neurology in the Department of Neurology, University of California, San Francisco and remains Honorary Consultant Neurologist at the Hospital for Sick Children, Great Ormond St, London.

His major research interests are in the basic mechanisms of head pain in both experimental settings and in the clinical context of headache management. The work of the Headache Group involves human imaging and electrophysiological studies in primary headache, as well as experimental studies of trigeminovascular nociception. The aim is to understand what parts of the brain drive and modulate headache syndromes, and how those might be modified by treatment.

MEDICAL COURSE DIRECTOR

Morris Maizels, MD

SPEAKERS

Randolph Evans, MD
Clinical Professor of Neurology
Baylor College of Medicine

Deborah Friedman, MD
UT Southwestern Medical Center

Elizabeth Leroux, MD, FRCPC
Adjunct Professor of Neurology
Montreal University Health Center
Montreal, Quebec Canada

Pei Feng Lim, DDS
Chapel Hill, NC

Donald Penzien, PhD
Professor of Anesthesiology
Wake Forest School of Medicine

Lee Peterlin, DO
Director of John Hopkins Headache Research
Associate Professor of Neurology
John Hopkins University School of Medicine
John Hopkins Bayview Medical Center

David Popoli, MD
Assistant Professor, Physical Medicine and Rehabilitation, Sports Medicine
Wake Health

Melissa Rayhill, MD
Assistant Professor of Neurology
University at Buffalo
The State University of New York (SUNY)

Larry Robbins, MD
Robbins Headache Clinic
Riverwoods, IL

Cynthia Stonnington, MD
Associate Professor of Psychiatry
Chair, Department of Psychiatry and Psychology
Mayo Clinic

Bert B. Vargas, MD
Director, Sports Neurology and Concussion Program
Associate Professor of Neurology and Neurotherapeutics
Rebecca Erwin Wells, MD, MPH
Assistant Professor
Department of Neurology
Wake Forest Baptist Health

CREDIT

Continuing Medical Education (CME)

Accreditation
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providiership of the Mountain Area Health Education Center and the Southern Headache Society. The Mountain Area Health Education Center is accredited by the NCMS to provide continuing medical education for physicians. Credit
MAHEC designates these live activities for a maximum of 14.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Pre-conference is 3.0 credits. Two day conference is 11.0 credits.

Disclosure
The Mountain Area Health Education Center adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the activity.

3.0 CNE Contact Hours (Preconference) 11.0 CNE Contact Hours (Two day conference)

The Mountain Area Health Education Center's Department of Nursing Education is an Approved Provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants must attend entire activity or activities to receive credit. No partial credit is given for this activity. MAHEC adheres to the ANCC/ACCME Standards regarding industry support to continuing nursing education. Disclosure of presenters, planners, and commercial support relationships, if any, will be made known at the time of the activity. The Mountain Area Health Education Center's Department of Nursing operates in an ethical manner and complies with all applicable local, regional, and state or national laws and regulations as outlined in our Corporate Compliance Plan.

Continuing Education Units (CEU):

The Mountain Area Health Education Center designates these continuing education activities as meeting the criteria for CEUs as established by the National Task force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

Pre-conference is 0.3 CEUs. Two day conference is 1.1 CEUs.

NBCC*: *NBCC credit available for Preconference ONLY
MAHEC and Southern Headache Society are cosponsors of this program. This cosponsorship has been approved by NBCC. MAHEC is an NBCC Approved Continuing Education Provider, ACEP No. 5514. MAHEC is solely responsible for this program, including the awarding of NBCC credit.

Pre-conference is 3.0 credits.

Southern Headache Society's 6th Annual Scientific Meeting's Preconference: Enlightenment and the Brain has been approved by NBCC for NBCC credit. Sessions approved for NBCC credit are clearly identified. MAHEC is solely responsible for all aspects of the program. NBCC Approval No. SP5514.

Psychologists:

MAHEC is recognized by the North Carolina Psychology Board as an approved provider of Category A Continuing Education for North Carolina Licensed Psychologists. Full attendance is required to receive credit from the NC Psychology Board. **Pre-conference is 3.0 credits.**

