

The Southern Pain Society  
presents

# Balanced Approaches to Acute and Chronic Pain

September 21-23, 2018



Sheraton Atlanta Hotel  
Atlanta

Jointly provided by



Balanced Approaches to  
Acute and Chronic Pain  
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This conference will examine controversies in chronic and acute pain and managing the opioid epidemic that is affecting patients and healthcare practitioners alike. Attendees will be provided with practical, exportable solutions that can be immediately implemented in their daily practice.

## AUDIENCE

Physicians, physician assistants, nurse practitioners, psychologists and any other interested healthcare professionals.

## CONFERENCE OBJECTIVES

At the conclusion of the program, providers/clinicians will be able to:

- Discuss the unintended consequences of the current CDC Opioid Guidelines.
- Explain advanced techniques in neuromodulation, surgical and procedural modalities for chronic pain.
- Identify at least two innovative therapies, medications and procedures for the treatment of acute and chronic pain.
- Explain how pain of a catastrophic injury can be effectively managed using an integrative approach through the continuum.
- Identify opiate prescribing deterrent formulations to reduce opioid dependence.

## THE SOUTHERN PAIN SOCIETY

The Southern Pain Society (SPS) was established in 1986 as a regional section of the American Pain Society and endorses and supports the mission and goals of the American Pain Society. The Southern Pain Society's missions are to serve people with pain by advancing research and treatment and to increase the knowledge and skill of the regional professional community.

Visit [www.southernpainsociety.org](http://www.southernpainsociety.org) to join and take advantage of the discounted registration fee.

## POSTER PRESENTATIONS

Each year, we host a poster session where professionals and learners can showcase their research and projects. Posters can be clinically or research oriented. Please see the SPS website at [www.southernpainsociety.org](http://www.southernpainsociety.org) for details on submission.



## PROGRAM AGENDA

### FRIDAY, SEPTEMBER 21, 2018

- 2:00-2:10 **Welcome and Course Overview** (Harry Gould, MD)
- 2:10-2:50 **CDC Guidelines: Be Careful What You Wish For**  
Sanford M. Silverman, MD
- 2:50-3:30 **The VA & DoD Guidelines : Dealing with What You've Got**  
Mordecai Potash, MD
- 3:30-3:50 **Break**
- 3:50-4:30 **Recent Government Audit Areas for Pain Management**  
David M. Vaughn, Esq., CPC
- 4:30-5:00 **Panel/ Q&A** (Silverman, Potash, and Vaughn)
- 5:15-6:00 **Sponsored Reception: Evaluation, Diagnosis & Treatment of Migrane**  
Stephen H. Landy, MD  
Promius Pharma (non CME)

### SATURDAY, SEPTEMBER 22, 2018

- 7:00-7:45 **Sponsored Breakfast: Localized Treatment for Osteoarthritis Knee Pain**  
Scott Sigman, MD  
Flexion Therapeutics (non CME)
- 8:00-8:10 **Welcome and Agenda Review**
- 8:10-8:50 **Treatment Under Pressure: A Patient and Policy Perspective**  
Kate M. Nicholson, JD
- 8:50-9:30 **The Myth of Back Pain Surgery- What We Know vs. What We Are Doing**  
David A. Hanscom, MD
- 9:30-9:45 **Panel/Q & A** (Nicholson, Hanscom)
- 9:45-10:15 **Break**
- 10:15-10:55 **Maximizing Functional Outcome and Minimizing Chronic Pain**  
Keith C. Raziano, MD
- 10:55 -11:35 **Solving Chronic Pain with a Self-directed Structured Approach**  
David A. Hanscom, MD
- 11:35-11:50 **Panel/Q & A** (Raziano, Hanscom)
- 12:05-1:05 **Lunch-Sponsored Talk: The Role of Abuse-Deterrant Therapies in a Multimodal Approach to Chronic Pain** Sanford M. Silverman, MD ;  
PeerView Institute (CME by Medical Learning Institute)
- 1:20-2:00 **Pain: Catastrophic Injury Across the Continuum**  
Erik Shaw, DO
- 2:00-2:40 **Advanced Techniques in Neuromodulation**  
B. Todd Sitzman, MD, MPH
- 2:40-2:55 **Panel/Q & A** (Shaw, Sitzman)
- 2:55-3:25 **Break**
- 3:25-4:05 **Managing Chronic Pain in an Opioid-Epidemic Environment**  
Daniel F. Loneragan, MD
- 4:05-4:45 **Hemp, Hemp Hurray! Could Medical Hemp be a Solution to the Opioid Crisis?** James Taylor, MD
- 4:45- 5:00 **Panel/ Q & A** (Loneragan, Taylor)
- 5:00-5:30 **Business Meeting**
- 5:00-6:00 **Reception with Poster Presentations**

## PROGRAM FACULTY

### Geralyn Datz, PhD

Southern Behavioral Medicine Associates  
Hattiesburg, MS

### Richard S. Epter, MD

Augusta Pain Center  
Augusta, GA

### David A. Hanscom, MD

Swedish Neuroscience Institute  
Seattle, WA

### Daniel F. Loneragan, MD

Vanderbilt Pain Management  
Nashville, TN

### Kate M. Nicholson, JD

Denver, CO

### Mordecai Potash, MD

Tulane University  
New Orleans, LA

### Keith C. Raziano, MD

Physicians Pain and Rehab  
Sandy Springs, GA

### Erik Shaw, DO

Shepherd Spine and Pain Institute  
Atlanta, GA

### Sanford M. Silverman, MD

Silver Lining Medical Consultants  
Boca Raton, FL

### B. Todd Sitzman, MD, MPH

Advanced Pain Therapy, PLLC  
Hattiesburg, MS

### James Taylor, MD

Integrated Pain Solutions  
Southern Pines, SC

### Linda M. Van Horn, MBA

iShare Medical  
Kansas City, MO

### David M. Vaughn, Esq., CPC

Vaughn & Associates, LLC  
Baton Rouge, LA



## REGISTRATION & CANCELLATION FEES

### SUNDAY, SEPTEMBER 23, 2018

7:00- 8:00	<b>Breakfast</b>
8:00-8:10	<b>Welcome and Review of the Day</b> (Thomas Davis, MD)
8:10-8:50	<b>Treating Acute and Chronic Pain in Patients With Substance Use Disorder</b> , Daniel F. Loneran, MD
8:50-9:30	<b>Pre-surgical and Opioid Risk Evaluations</b> Geraldyn Datz, PhD
9:30-9:45	<b>Panel/Q &amp; A</b> (Loneran and Datz)
9:45-10:00	<b>Break</b>
10:00 - 10:40	<b>Action Reaction: The Results of Six Pain Coding and Reimbursement Trends</b> , Linda M. Van Horn, MBA
10:40 - 11:20	<b>Building a Successful Spine Practice in the 21st Century</b> Richard S. Epter, MD
11:20 - 11:45	<b>Panel/Q &amp; A</b> (Van Horn and Epter)
11:45-12:00	<b>Close out/evaluations</b>

## CREDITS

**Continuing Medical Education Credit (CME):** Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of Mountain Area Health Education Center, the Southern Pain Society. The Mountain Area Health Education Center is accredited by the NCMS to provide continuing medical education for physicians.

**Credit Designation:** The Mountain Area Health Education Center designates this live educational activity for a maximum of 14 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Continuing Education Units (CEU):** The Mountain Area Health Education Center designates this continuing education activity as meeting the criteria for 1.4 CEUs as established by the National task force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

**Nursing Education Contact Hours (CNE):** The Mountain Area Health Education Center's Department of Nursing Education is an Approved Provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This program is approved for 14 CNE contact hours.

**APA Psychology Credit:** Mountain Area Health Education Center is approved by the American Psychological Association to sponsor education for psychologists. Mountain Area Health Education Center maintains responsibility for this program and its content. This program will be offered for 14 hours CE.

**Disclosure:** MAHEC adheres to the ANCC/ACCME Standards regarding industry support to continuing nursing education. Disclosure of presenters, planners, and commercial support relationships, if any, will be made known at the time of the activity.

Registration fee for the conference includes course materials, continental breakfasts, coffee breaks, lunch and a reception on Saturday and other amenities involved in creating a comfortable and rewarding learning experience. A maximum enrollment has been set, so early registration is highly recommended.

Written cancellations received by August 30, 2018 will receive a full refund. Cancellations received between two weeks and 48 hours prior to the program date will receive a 70% refund. No refunds will be given for cancellations received within 48 hours of the meeting, although substitutions will be permitted.

Have a question?

Rhonda Egerton

Rhonda.Egerton@mahec.net

828-257-2984



Special Services:

828-771-4216

Registration Information:

828-257-4475

Fax Registration:

828-257-4768

**Online Registration:**

**www.mahec.net/sps**

Email:

registration@mahec.net

Mail: MAHEC Registration

121 Hendersonville Rd., Asheville, NC 28803

MAHEC respectfully requests that payment be made at time of registration. This facilitates easy and quick check-in at the conference.

### ADA Statement

If you need any of the auxiliary aids or services identified in the American with Disabilities Act in order to attend this course, Rhonda Egerton at 828-257-2984.

## LOCATION AND ACCOMMODATIONS

### Sheraton Atlanta Hotel

165 Courtland Street NE

Atlanta, GA

404-659-6500

sheraton.com/atlanta

Enjoy effortless travel when staying at the Sheraton Atlanta Hotel. Centrally located in the heart of downtown. Sheraton Atlanta is the perfect jumping-off point for discovering Atlanta's iconic destinations from Centennial Olympic Park to the Georgia Aquarium, the World of Coke and much more. Don't feel like venturing out, then take advantage of our three in-door dining options, enclosed courtyard pool and complete fitness facility.

### Reservations

A limited block of rooms has been reserved at the Sheraton Atlanta Hotel for reservations received by August 30, 2018. If you wish to make reservations, please call 866-932-7269 and refer to the Southern Pain Society to receive the special rate of \$171 per night plus a \$5 state hotel assessment fee (+ state and local taxes). Room blocks fill quickly; we encourage you to make your reservations as soon as possible.

There is a convenient link to book your hotel room online at [southernpainsociety.org](http://southernpainsociety.org). Discounted self parking is available for \$20 per day.

### Southern Pain Society

[southernpainsociety.org](http://southernpainsociety.org) • [info@southernpainsociety.org](mailto:info@southernpainsociety.org) • 828-575-9275

## REGISTRATION FORM



Balanced Approaches to  
Acute and Chronic Pain  
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Updated contact info

Name \_\_\_\_\_

Credentials \_\_\_\_\_

Social Security #      **XXX-XX-** \_\_\_\_\_ (last 4 digits required)

Occupation \_\_\_\_\_

E-mail Address \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home # \_\_\_\_\_ Work # \_\_\_\_\_

Employer \_\_\_\_\_

Department \_\_\_\_\_

Employer's Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Portions of your registration information may be shared with Southern Pain and/or vendor representatives.

## REGISTRATION

**\* A buy one-get one offer is available for 2 or more attendees from the same clinic/practice. Call Rhonda at 828.257.2984 for details on how to register your group.**

### Southern Pain Society Members

- \$260 Doctoral Level
- \$200 Non – Doctoral Level
- FREE Student/Fellows/Residents (proof of enrollment at check-in)

### Non-Southern Pain Society Members

- \$285 Doctoral Level
- \$225 Non – Doctoral Level
- FREE Student/Fellows/Residents (proof of enrollment at check-in)

- Check is enclosed       Credit card info provided
- Visa       Mastercard       Discover Card       American Express

Account # \_\_\_\_\_

Exp \_\_\_\_\_ / \_\_\_\_\_ Code on back of card \_\_\_\_\_

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

Send completed registration form to:  
MAHEC Registration  
121 Hendersonville Rd., Asheville, NC 28803  
Fax to 828-257-4768

**Or register online at [www.mahec.net/sps](http://www.mahec.net/sps) or  
[www.southernpainsociety.org](http://www.southernpainsociety.org)**