



The Southern Pain Society presents

“PERSPECTIVES, CONCERNS AND OPTIONS FOR MANAGING PAIN”

Come join the Southern Pain Society for our virtual events and discuss the perspectives, concerns and options for managing chronic pain in our current environment. From the comfort of your own home, this event brings you direct access to nationally and internationally known speakers ready to share the newest practical and innovative methodologies available.

We are dividing our 15 hours of CME into four (4) separate dates as indicated below. A discount is available for SPS members. Not a member? Join now to get the best value!

Southernpainsociety.org



Dates & Times

Day 1: Friday, November 13, 2020
Program: 12:00 - 5:00 pm EST

Day 2: Saturday, November 14, 2020
Program: 11:00 - 5:00 pm EST

Day 3: March 12, 2021
Program: 12:00 - 5:00 pm EST

Day 4: March 13, 2021
Program: 11:00 - 5:00 pm EST

Jointly provided by



Southern Pain Society 34th Annual **VIRTUAL MEETING** **AGENDA**

Friday **November 13, 2020**

| | |
|---------------|---|
| 12:00 – 12:45 | Platform Opens |
| 12:45 – 1:00 | Welcome and Course Overview |
| 1:00 – 2:00 | The HHS Pain Task Force Report: The Back Story Rollin M. Gallagher, MD |
| 2:00 – 2:30 | Break |
| 2:30 – 3:30 | All the uses for Buprenorphine George Singletary, MD |
| 3:30 – 4:00 | Break |
| 4:00 – 5:00 | Ethics in Managing Pain Today: You Really Can do the Right Thing! Esther Bernhofer, PhD, RN-BC |

Saturday **November 14, 2020**

| | |
|---------------|--|
| 11:00 – 11:45 | Platform Opens |
| 11:45 – 12:00 | Welcome and Agenda Review |
| 12:00 – 1:00 | Burnout and Resiliency Jay Kaplan, MD |
| 1:00 – 1:30 | Break |
| 1:30 – 2:30 | Palliative Care: Lessons Learned, Current Needs and Future Opportunities Perry Fine, MD |
| 2:30 – 3:00 | Break |
| 3:00 – 4:00 | New Pharmacologic Options for Managing Neuropathic Pain Misha Backonja, MD |
| 4:00 – 5:00 | Case Presentation and Discussion Drs. Kaplan, Fine and Backonja |

Southern Pain Society 34th Annual **VIRTUAL MEETING** **AGENDA**

| Friday | March 12, 2021 |
|---------------|--|
| 12:00 – 12:45 | Platform Opens |
| 12:45 – 1:00 | Welcome and Course Overview |
| 1:00 – 2:00 | Updates on Guidelines and Regulations for Opioid Prescribing Scott Fishman, MD |
| 2:00 – 2:30 | Break |
| 2:30 – 3:30 | Contemporary Management of Osteoarthritis of the Knee; Pharmacologic & Interventional Therapies B. Todd Sitzman, MD, MPH |
| 3:30 – 4:00 | Break |
| 4:00 – 5:00 | Best Practices for Spinal Cord Stimulation and Intrathecal Drug Delivery Eric I. Royster, MD |

| Saturday | March 13, 2021 |
|-----------------|---|
| 11:00 – 11:45 | Platform Opens |
| 11:45 – 12:00 | Welcome and Agenda Review |
| 12:00 – 1:00 | The Use of Acupuncture and Chinese Herbal Medicine in the Management of Chronic Pain Arnauad Versluys, MD (China), PhD, LCa |
| 1:00 – 1:30 | Break |
| 1:30 – 2:30 | The Reciprocal Relationship Between Sleep and Pain Jonathan Cole PhD |
| 2:30 – 3:00 | Break |
| 3:00 – 4:00 | Case Presentation and Discussion Drs. Versluys and Cole |
| 4:00 – 5:00 | Poster Presentations |
| 5:00 – 6:00 | Optional “Historical, Architectural Virtual Tour of the French Quarter” Randy Roig, MD |

Audience

Physicians, nurse practitioners, psychologists and any other interested healthcare professionals.

Conference Objectives

This conference will address the complex landscape of chronic pain treatment across the continuum of primary and specialty care including education on pharmacological and non-pharmacological options.

The curriculum is intended for participants with fundamental as well as advanced knowledge of chronic pain. The focus of the meeting is on clinical topics of ethical prescribing for pain patients, interventional pain treatments, options and advances, palliative care, pain related sleep issues and provider burnout.

At the conclusion of this program, healthcare providers will be able to:

- Discuss new pharmacologic options for managing chronic pain including neuropathic pain, and osteoarthritis.
- Review the relationship between sleep and chronic pain.
- Discuss the best practices for interventional spinal cord stimulation and intrathecal drug delivery systems.
- Present and discuss case histories using various therapeutic approaches and techniques.
- Discuss the use of acupuncture and Chinese herbal medicine in the management of chronic pain.
- Recognize the basis of burnout, identify the signs of burnout and review mitigation strategies for minimizing the adverse effects.

The Southern Pain Society

The Southern Pain Society (SPS) was established in 1986. The Southern Pain Society's mission is to serve people with pain by advancing research and treatment and to increase the knowledge and skill of the regional professional community.

Visit www.southernpainsociety.org to join and take advantage of the discounted registration fee.

Poster Presentations

Each year, we host a poster session where professionals and learners can showcase their research and projects. Posters can be clinically or research oriented. Please see the SPS website at www.southernpainsociety.org for details on submission.

Credits

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of Mountain Area Health Education Center (MAHEC) and Southern Pain Society. MAHEC is accredited by the NCMS to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live educational activity for a maximum of 15.0 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

Nursing Contact Hours: Mountain Area Health Education Center (MAHEC) is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This program is approved for 15 nursing contact hours. Participants must attend 80% of the activity to receive credit.

Contact Hours and Continuing Education Units (CEU): MAHEC designates this live continuing education activity as meeting the criteria for 15.0 contact hours.

MAHEC designates this live continuing education activity as meeting the criteria for 1.5 CEUs as established by the National Task Force on the Continuing Education Unit.

Credits will be provided at the end of the November and March sessions separately.

Program Faculty

Miroslav Backonja, MD

Senior Medical Director Neuroscience,
Medical & Scientific Affairs
Worldwide Clinical Trials
Seattle Washington

Esther I. Bernhofer, PhD, RN-BC

Associate Professor School of Nursing
Case Western Reserve University
Cleveland, Ohio

Jonathan D. Cole, PhD

Clinical Health Psychologist
Blue Grass Health Psychology
Lexington, Kentucky

Perry G. Fine, MD

Pain Research Center
University of Utah Health
Salt Lake City, Utah

Scott M. Fishman, MD

Chief, Division of Pain Medicine
University of California Davis
Sacramento, California

Rollin M. Gallagher, MD, MPH

Editor in Chief of Pain Medicine
Emeritus Investigator
Crescenz VA Medical Center
New Haven, Vermont

Jay Kaplan, MD

Medical Director: Care Transformation
LCMC Health
New Orleans, Louisiana

Eric I. Royster, MD

Founder
Integrated Pain and Neuroscience
New Orleans, Louisiana

George Singletary, MD

Addictions Specialist
Tulane Department of Psychiatry
New Orleans, Louisiana

B. Todd Sitzman, MD, MPH

Medical Director
Advanced Pain Therapy
Hattiesburg, Mississippi

Arnaud Versluys, PhD, MD (China), LAc

Director
Institute of Classics in East Asian Medicine
New Orleans, LA

Medical Course Director

Harry J. Gould III, MD, PhD

Professor of Neurology
LSUHSC School of Medicine
New Orleans, Louisiana

Registration & Cancellation Fees

Registration fee for the conference includes course materials.

Written cancellations received by October 23, 2020 will receive a full refund. Cancellations received between three weeks and 72 hours prior to the program date will receive a 70% refund. No refunds will be given for cancellations received within 72 hours of the meeting, although substitutions will be permitted.

Have a question?

Lisa Roy

Lisa.Roy@mahec.net

828-257-4491



Special Services:
828-257-4491

Registration Information: 828-257-4475

Fax Registration: 828-257-4768

Online Registration: www.mahec.net/sps

Email: registration@mahec.net

Mail: MAHEC Registration

121 Hendersonville Rd., Asheville, NC 28803

MAHEC respectfully requests that payment be made at time of registration.

Planning Committee

Thomas Davis, MD

David Gavel, PhD

Harry J. Gould III, MD, PHD

James McAbee, PhD

Lori Postal, RN, MHA

Mordecai Potash, MD

Ann Quinlan-Colwell, PhD, APN

Lisa Roy, MSW

Eric Royster, MD

John Satterthwaite, MD

B. Todd Sitzman, MD, MPH

Joe Tramontana, PhD

James Weisberg, PhD

Registration Form



**Perspectives, Concerns and
Options for Managing Pain**
November 13-14, 2020 and March 12-13, 2021

Updated contact info

Name _____

Credentials _____

Social Security # **XXX-XX-** _____ **(last 4 digits required)**

Specialty _____

E-mail Address _____

Address _____

City _____ State _____ Zip _____

Home # _____ Work # _____

By registering, you are granting permission for portions of your contact information to be shared with SPS and conference vendors.

Registration

Southern Pain Society Members

- \$395 Doctoral Level
- \$335 Non – Doctoral Level
- \$50 Student/Fellow/Resident

Non-Southern Pain Society Members

- \$420 Doctoral Level
- \$360 Non – Doctoral Level
- \$55 Student/Fellow/Resident

Check is enclosed payable to MAHEC Credit card info provided

Visa Mastercard Discover Card American Express

Account # _____ Exp. _____ / _____ Code on back of card _____

Name on card _____ Signature _____

Send completed registration form to:
MAHEC Registration
121 Hendersonville Rd., Asheville, NC 28803
Fax to 828-257-4768

**Or register online at www.mahec.net/sps or
www.southernpainsociety.org**